

TEEN CHALLENGE PLZEN SKP PLZEN

THE ANNUAL REPORTS 2005



Center for consultation
and prevention



Therapeutic Community
Holy Hill



Follow-up care center
Re-entry house

INTRODUCTION

Dear friends and adherents of SKP and Teen Challenge Plzen. This way I would like to thank you all, who have supported us by prayer, money or by a good word. As every year, also in 2005 our ministry developed dynamically. What happens quite often is that we start a new service without having financial resources for its realization. I believe as you do, that as far as we serve according to God's plan, He (frequently a unusual way) provides and supports that, what is His. Once Jesus walked upon the face of the Earth, He visited people, who are in many ways similar to our clients and spent time with them. These are the people who have many wounds of both physical and psychical origin. Their life includes pain, anxiety, a mask of arrogance or aggressiveness and addictions of all kind. Their fates are often unbelievable, their stories would fill many books. Therefore remains the fact that our ministry is above all about people and for people. When you will read about the results of our moil, please, try to imagine that beyond every number in our report, there is a particular man, a man who more or less tries to save his life, a man who does mistakes. Our workers try to serve him and walk a part of the way with him. They take hard their falls, but they can rejoice in their achievements. Teen Challenge endeavors to help the people become psychically and physically healthy, spiritually alive, emotionally balanced and social independent.



Gustav Cerny, director

A handwritten signature in blue ink, which appears to be 'Gustav Cerny'.

TEEN CHALLENGE PLZEN

HISTORY OF THE ORGANIZATION

Teen Challenge (TC) was founded in the United States during the fifties by a Christian minister named David Wilkerson in response to spreading violence and drugs in large cities. Over the past fifty years this work has spread out into the whole world. We can find over three hundred therapeutical-resocializing programs. In Europe TC Euroasia was founded in Holland 32 years ago. Thirty years ago, TC was established in West Germany. TC was established in the Czech republic in 1994 through the National Office. TC Plzen began to develop its activities as one of workplaces of TC in the Czech Republic (organisational unit of a foundation) in the year 1994. This way the first non-governmental organisation with concept and strategy heading towards resolution of drug problems came into existence in Plzen. The positive fact is that from the beginning TC Plzen has used considerable volunteered help from the church members. Also ex-drug-users who went through the program then became counsellors themselves, which proved to be positive.

An effort to improve our work structure and an opportunity for better financial provision for our workers and personal reasons led to a status change of the organization to Association of Legal Entities. The National Office TC in Czech and the United Methodist Church founded the Association of Legal Entities Teen Challenge Plzen. In 1998 after several years of preparation and help from the members of the association we were able to open a Christian Therapeutic Community for young men in Cernosin, a small village close to Stribro. Birth of this project was initiated by an acute need of such facilities in Pilsen region.

In 2004 the Therapeutic Community Cernosin merged with SKP Plzen and moved to a more convenient premises not far from village of Litohlavy near Rokycany. Through a merger, the operating costs for two buildings were lowered and the situation of lack of funds for skilled personnel was resolved.

In 1998 we began to facilitate post re-entry into society to the graduates of the program, which consisted of an apartment specially designed for these purposes. In 1999 City Council lent us an empty house in Susicka 75, Plzen (a former kindergarten facility) for us to use as a Re-entry House. At the beginning of 2000 the City Council agreed to lend us the building for 15 years and in 2001 this loan was extended to 30 years.



CERTIFICATION

In the period from July 21st to August 31st went the Center for consultation and prevention (low-threshold services and streetwork program] and Re-entry house through a certification of professional qualification of services for patients/clients who abuse narcotic and psychotropic substances by RVKPP (Government anti-drug Council) and were certified.

IDENTIFICATION

Name: TEEN CHALLENGE PLZEN
Status: Association of Legal Entities
Registration: Pilsen City Council,
OOVV/1148/97 dated 09-08-97
ICO (identification number): 663 61 630
Statutory representative: Gustav Cerny
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CENTER FOR CONSULTATION AND PREVENTION OF DRUG ADDICTIONS

PRIMARY PREVENTION



INTERACTIVE SEMINARS

Primary prevention of addictive substances abuse was carried out in a form of interactive seminars in two successive units (one unit lasting 90 minutes). The seminars were intended for pupils in 9th grade of elementary schools and 1st and 2nd grade of secondary schools and educational establishments. The program was carried out in school rooms or in TC's building. The primary goal of primary prevention is a healthy personality development, positive influence on student's attitudes and behaviour towards drug-free way of life, and promotion of healthy way of life. The interest in these seminars was so great that we were not able to meet the demand.

During 166 lessons we spoke to 2049 hearers.

LOW-TRESHOLD CLUB

Low-treshold club was under way compared to last year not only on Fridays but also on Wednesdays. It is intended for the youth between the age of 14 to 18 years as a following activity after primary prevention was carried out in schools. The club gives an alternative to traditionally offered way of spending the leisure time. The visitors will find a background where they can play different games and meet with their coevals there and there was also a space for creation of their own music production. The visitors used our offer of regular meetings focused on development and strengthening of communication skills, lifting of selfconfidence and ability to face the pressure exerted by coevals. The part of the club was also training of assertive skills.

The club was attended by 112 children last year.

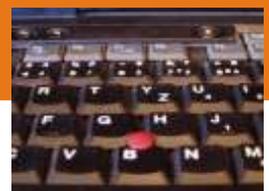


COLLECTIVE WEEKEND STAYS FOR ATTENDANTS OF THE CLUB

The weekend stays were intended to strengthen positive relationships in group and mutual tolerance. They were strengthening the self-reliant decision-making ability and sense of responsibility for oneself. Their content were collective activities, psychological plays, active utilization of leisure time and the like. There was an interactive group work. The aim of these stays was to improve the quality of communicative skills, ability to create friendly relations, coping with anxiety and stress, coping with conflicts in a non-violent way and the like.

E-MAIL HELP

Some students, who attended our activities in schools, and visitors of our web pages made use of possibility to give a question through E-mail. We provided them information about services and activities operated by our facility. We offered basic information on drug problems and cooperation in solution of drug problem.



EDUCATIONAL SEMINARS FOR PARENTS AND PREVENTION METHODISTS

Topics: Introduction to drug problems. How to react when a child experiments with drugs and the like. If needed the cooperation to solve a drug problem was offered.

Our seminars visited 13 parents.



A LITTLE BIT DIFFERENTLY

A project called "A little bit differently" was in 2005 (likewise in previous years) focused on supporting girls from underprivileged or dysfunctional families. The goal of this project was to reach out to young girls and offer them a new way of spending their free time as a possibility of self-realization, motivation and alternative solution to their situation.

The project was offered especially to girls (exceptionally to boys) from 8th grade, based upon the information gained during the seminar. Some girls asked for personal talk, which revealed a need for help in their life. The project showed flexibility in responding to the needs of the target group:

1. If there was a suspicion of physical or sexual abuse of the children, then the project "A little bit differently" offered to facilitate a professional counselling. In that case the organizer cooperated with the leadership of the particular school, utilized the compulsory registration at the Children Care Section or facilitated a session for the child to meet with a psychologist at the Center of Educational Care of the Fund for Children at Risk.

2. Children living in underprivileged or dysfunctional families or those having problems with their peers due to their low self-esteem, were offered a choice of amateur club based upon their interest or talents. In the framework of this project the organization was ready to cover costs of these activities with condition that the families will contribute at least a minimal amount for social-educational reasons. It is also possible to contribute towards a summer training camp with a focus on the given activity or for a general summer camp according to their choice. The project also allowed children from underprivileged families to receive a one-time gift (ie. clothing). This project was financed from a foreign private sources thanks to the help of Mr. Porter H. Speakman from the Missions Department, Central Church of God, Charlotte, NC, USA.

Two girls received this help.

Seminars focused on relate violence and the project "A little bit differently" were during the year 2005 temporarily holded up because the key worker entered her maternity leave.

PRIMARY PREVENTION OF OTHER SOCIAL UNDESIRABLE EVENTS

Meetings with girls (exceptionally with boys) from 8th grade of elementary schools were focused on relate violence, physical, emotional and sexual abuse. The program was realized in the form of group work.

Part of it was getting familiar with information about maltreatment, sexual abuse, negligence and risk type families, offenders, consequences of sexual abuse in life of a victim and prevention, protection and help in such cases. Emphasis was layed on prevention and protection of children before these forms of undesirable behaviour started. Instructor was finding out childrens' knowledge, notions and attitudes through dialogue with hearers and then he according to their level focused himself on particular topic; he was answering the questions and giving latitude for participants expression to a given topic. The program was also supplemented by psychologically oriented games, practicing and questionnaire that reflects general knowledge of the girls in this particular area. It also helps us to evaluate their opinions prior to the program and after.

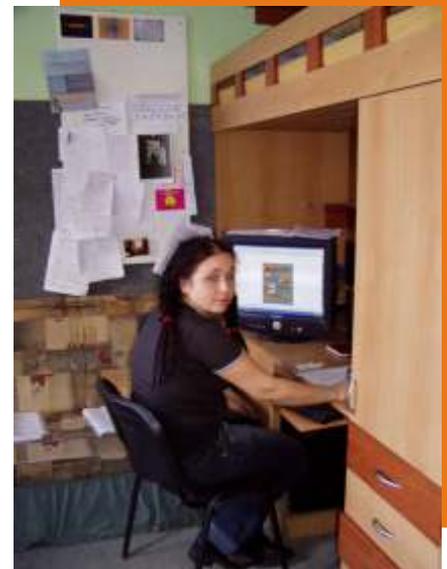
Number of attendants - 110, number of classes - 8.

VISION FOR THE UPCOMING YEARS

In 2006 was founded the help line "SAVE ME".

The service was founded as a reaction on a need of the target group of the low-treshold club, where the account of attending children repidly arised. A special worker solves the critical situations of children and focuses on given problems in the area of case assistance to a child or a teenager, dealing with the parents, authorities, schools and educational facilities. The aim is to offer adequate and constructive resorts and solutions, serve up the counselling, educatory and preventive activities, help the children and teenagers not only in their difficult life situations but also in their every day life and troubles. The short time goal is to restore the child to the level it was before the crisis. The long time goal is a general improvement of the child's psychical condition, comforting and resolving the family situation to the level, that the child could return back to the family and join the normal life. The reason of this service is a reintegration of the children to the group of their coevals using the educational, preventive, therapeutic, emotional and financial support.

In 2006 we intend to educate new workers for the primary preventions in the region of Pilsen.



SECONDARY AND TERTIARY PREVENTION LOW - TRESHOLD SERVICES

CONTACT CENTER



A contact center called "Tearoom Jericho" was open two days a week (Mo, Tu). The center is assigned for the people experimenting with addictive substances, problematic users of abusive substances, for addicts by their first contact with a expert institution, addicts who are not motivated to abstinence or do not accept any more effective way of medical treatment, their family members, partners and other important persons. The services were accessible to all incoming clients, including the anonymous ones, it included contact work, basic counselling (dealing with the client's health, medical and social risks that are linked to drugs abuse and harm reduction, treatment possibilities, rehabilitation and social reintegration, information about therapeutic and special facilities, motivation gaining and recommendations into special institutions), some basic medical aid (minor wounds treatment was provided by a qualified medical worker, the rest was handled in special medical centres), HIV and hepatitis testing, urgent care and supplemental services (hygienic and food service). Both days was served a simple supper to the shelterless clients.

STREETWORK

A team of professional workers and volunteers contacted the clients especially on the open and semi-closed drug scene. The outreach activities were accessible to all addicted persons regardless their age, social situation, etc...

The clients used in the area of streetwork activities the following services:

- counselling in the area of sexual transferable diseases and other contagious diseases,
- providing information about the risks caused by long-time using of a high dosis of drug and overdosing (the risk of social debacle and loss of human dignity),
- actual information service about available counselling, treatment and other professional services, about syrette exchange program, HIV testing, hepatitis vaccination, social and law assistance programs,
- recommendation to appropriate medical and social institutions, low-threshold contact centres or to other providers of professional services,
- assistance by resolving of social and medical problems followed by motivation training with the aim of changing the risky behaviour of the client and motivating him towards treatment,
- minor wounds treatment,
- gaining of trust of the clients to the possibilities of professional help, creating of relations and links to other facilities with the aim of resocialization of drug addicts,
- providing of crisis and situation intervention,
- supplemental services - food aid.



COUNSELLING VIA PHONE

We provide information from area of addictions and other socially unwelcomed phenomena; social-legal advisory. *Counselling on phone utilized 32 persons.*

HEALTH COUNSELLING AND TESTING OF CONTAGIOUS DISEASES (HIV, VHC, VHB)

was provided every Monday from 7 p.m. till 8 p.m. including health counselling before the testing and afterwards. *There was made 88 tests.*

DISPERSAL STREETWORK - THE PRISON DRAHONICE

The aim of the project is to minimize recidivism of the clients (laps, relaps, risky behaviour, drug crimes and other social unwanted phenomena). The workers worked with clients in the form of personal talks. The prisoners were selected by the workers of the prison (psychologist, psychotherapist, special pedagogue). Provided services:

- providing information about getting help after the execution of a punishment,
- counselling in the area of sexual transferable diseases and other contagious diseases,
- providing information about the risks caused by long-time using of a high dosis of drug and overdosing (the risk of social debacle and loss of human dignity),
- motivation training with the aim of changing the risky behaviour of the client and motivating him towards treatment,
- gaining of trust of the clients to the possibilities of professional help, creating of relations and links to other facilities with the aim of resocialization of drug addicts.



FOLLOW-UP CARE CENTER RE-ENTRY HOUSE

IDENTIFICATION

Teen Challenge Plzen Follow-up care center - Re-entry house
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RE-ENTRY HOUSE

Protected housing Re-entry House has been offering its services already for seven years. Protected housing is a means of client's social stabilisation in form of a temporarily provided housing and services related to that (social help and therapy). This facility is intended for men of age between 18 to 40 years who finished treatment in therapeutic community for drug addicted clients. This program allowed safe transition from community into society and helps the clients this way with integration, finding the work and suitable housing, with housekeeping and with strengthening of healthy habits which they acquired in the community. The regime was within general rules, e.g. to abstain from drugs, to be employed, to be at home by midnight, to pay the rent, attend regular meetings with counselor and take part in collective activities. Convincing motivation is required from the clients for their stay in protected housing which can not be perceived as hostel but as a part of Teen Challenge program where the clients henceforth continue in therapy, where they are subjected to order. The basic length of the stay is 6 months. The most of the clients use the possibility to prolong the stay to one year. In the center the count of clients was stabilized by achievement of optimal utilizing of Re-entry House, i.e. 1 client / 1 room. Another significant project was aimed to solve one client's actual family situation in his follow-up care (utilizing one accomodation unit for the family in Re-entry House) within the pilot project Family in Re-entry.

Nowadays the association operates an apartment on Jatecni street in Plzen with the cappacity of two rooms and a house in Susicka street in Plzen with the cappacity of 5 rooms. *Stay in protected housing used 9 men with the average age of 32 years.*

In the year 2004 the Protected housing Teen Challenge Plzen was accepted into Section of protected housings and after-care programs A. N. O. (Association of non-government organizations).



THE FOLLOW-UP CARE

Condition for enlistment into the Follow-up Care is completion of the therapy program or finalisation of the Protected housing cooperation from client's side, abstaining and readiness to meet henceforth with advisor at least once a month.

The number of the follow-up care clients - 8, average age of the clients - 32 years.

PLANS FOR THE FUTURE

We intend to make new 2 rooms for the clients from the unused terrace on the 1st floor, or make there a community room for group therapy.



TEEN CHALLENGE BUDGET

INCOME

Supporters	Center for consulting and prevention	RE-ENTRY House	TOTAL
MPSV CR	7 382	2 233	9 615
RVKPP	10 585		10 585
MMP participation	6 699	4 466	11 165
MMP crime prevention	2 286	840	3 126
MMP anti-drug committee	1 652		1 652
MZ CR	2 233		2 233
KU participation	6 699		6 699
Foundation	672	1 561	2 233
Central Church of God USA	35 071	12 102	47 174
UMC Texas	14 395		14 395
ECM CR	1 605		1 605
Minor donors	6 159	1 090	7 249
Client allowances	0	4 868	4 868
Other contributions	2 293	1 030	3 323
Lecture income	48		48
Employment bureau	3 578		3 578
UMC Norway	1 698		1 698
UMO 3	1 786		1 786
KU - OSVZ	4 466	2 903	7 369
Other interest	15	2	16
TOTAL	109 323	31 096	140 419

EXPENSES

	Center for consulting and prevention	RE-ENTRY House	TOTAL
CAPITALS EXPENSES	2 233		2 233
OPERATING EXPENSES	48 094	14 514	62 608
consisting of:			
Material expenses	13 235	1 788	15 024
Energy	2 953	4 128	7 081
Repairs and maintenance	3 990	2 021	6 011
Travel expenses	766	57	823
Misc. services	21 709	3 801	25 511
Misc. operating expenses	5 441	2 717	8 159
PERSONAL EXPENSES	56 663	11 587	68 250
consisting of:			
Gross income	32 775	6 351	39 125
OPE (working contract)	1 874	2 036	3 911
OPE (work agreement)	3 434	553	3 988
UMC CR salary contribution	4 913		4 913
Deductions	11 498	2 647	14 144
Other social expenses	2 169		2 169
TOTAL	106 991	26 101	133 091

STATEMENT OF THE AUDITOR

is placed on our web-site:
www.teenchallengeplzen.cz

SKP - THE CENTER OF CHRISTIAN HELP PLZEN

THERAPEUTIC COMMUNITY HOLY HILL



IDENTIFICATION

Name: The Center of Christian Help Plzen
Status: Purpose Built Facility of Church
Founder: United Methodist Church,
545/19 Jecna, 120 00 Prague 2 - Nove Mesto
ICO (identification number): 405 245 66
Statutory representative: Gustav Cerny
Office address: 14 Husova, 301 24 Plzen, phone: +420 377 235 526
Therapeutic community address: 50 Litohlavy, 337 01 Litohlavy
Phone: +420 377 224 320, fax: +420 377 225 739
Operation director: Rudolf Povysil, gsm: +420 774 155 294
Program director: Petr Balous, M.Sc., gsm: 777 621 395
E-mail: rudolph@teenchallengeplzen.cz, skp@teenchallenge.cz
www.teenchallengeplzen.cz

PRINCIPLES AND FUNDAMENTS

Activity of The Center of Christian Help Plzen (SKP) comes from principles of Christian Therapeutic Community (TC). Human life has not only material substance (body and its needs) and psychic and social dimension (personality, emotions, relationships), but man is also a spiritual being created in God's image. That is why our work comes out of bio-psycho-social-spiritual model - from so called holistic approach towards a client.

HISTORY

SKP Plzen was established in 1991 by the Deaconate of the United Methodist Church with the objective to help the people in need. It is registered as a purpose built facility of the church. SKP offered to the people at the edge of the society accommodation, food, social help and assistance by looking for a job. Afterwards, when in the basement of the same building was started a contact centre of Teen Challenge Plzen "Tearoom Jericho", SKP began to receive those clients. SKP accepted the program from Teen Challenge CR and since 1999 it operates the therapeutic community.



THE PREMISES WHERE IS THE PROJECT BEING REALIZED

The seat of the organization is in Plzen, 14th Husova (John Hus street). The Therapeutic community is operated in the village Litohlavy by Rokycany it's placed on a quiet place, but all necessary services are approachable (10 minutes driving to Plzen). The house originally served as a lodge with 2 flats (4+1 with accessories), it was adapted for the needs of the community. There are 3 rooms available for accommodation of the clients (2 rooms in the ground floor for clients in 1st and 2nd phase, one room with accessories for the clients in 3rd phase is on the 1st floor), kitchen, eating room, lounge, an apartment for a worker and his family, room for the night duty, sanitary facilities, offices, etc. The object takes the area of 627 square meters, it has 2363 square meters of adjacent gardens including a shed, a barn, a farm building, a drink-water well and permanent greens. At the grounds of the TC, there is a playground for leisure time activities. There is no gas-fixture, therefore wood and coal serves for the heating. One phone line, fax and internet connection are being used. There is a joiner workshop in the house that helps to improve the work-therapy and professional requalification of the clients in the future. It could also become a source of financial income. For better utilizing of the workshop and a wider spectrum of joinery it would be proper to equip it with a universal engine-lathe. The Therapeutic community owns 3 company cars, which serve for transportation of the clients to doctors, trials, employment bureau, for shopping needs of the community. The owner of the object is United Methodist Church, who is a founder of SKP Plzen, SKP Plzen is the operator of the object. The property is being used free of charge.



WHAT DOES THE PROGRAM CONTAIN?

The TC ensured a therapeutic program for men in the age of 18 to 40 years who struggle with some kind of addiction.

It provided food, work-therapy, personal and group therapy, sport and leisure time activities, assistance by dealing with the authorities, spiritual care, crisis counseling, recondition and training stays for the clients, etc.

The program was intensive, structured, it combined the psychotherapeutic effect of the group and social skills training within the schedule and clear rules. That allowed the client to realize his own deeds, attitudes and his influence on others, it helped him to learn how to live within certain limits of behavior, to understand the sense of controlling his attitudes in his life and of taking responsibility for his own behavior.

In the first half of 2005 the structure of operating the therapeutic communities cooperating with Teen Challenge CR changed. The program at Holy Hill was prolonged from the originally 6 months (1st and 2nd phase of the program) to 12 - 14 months (1st, 2nd and 3rd phase of the program) and the clients now pass the whole program in TC Holy Hill. The program was improved by accepting a new worker - psychotherapist on the position of professional methodist. According to the results of the certification process was the amount of structured activities raised to 20 hours a week.

Within the renovations was reserved another room for accommodation of the clients, i.e. nowadays there are maximally 4 beds only in every room. Furthermore there was built a equally sized social settlement. The clients were vaccinated against the Hepatitis B. There was no change in the philosophy of the program.

Within the work-therapy the clients practiced cleaning and maintenance work in the house and on the surrounding areas (fixed the fence, built the playground on the property), gardening and housework, prepared the wood for wintertime.

In the leisure time activities the clients used professionally equipped fitness centre and the built playground, they were going to the swimming pool or to a pond for swimming, they absolved walking and cycling trips. In most cases the activities that filled the leisure time of the clients are the same that they could do after they finish the program. The clients visited Dr. Blazek's vernissage. They spent one week on a recondition and motivation stay in a recreation object Veselka u Vimperka, one week on Mr. Augustin's farm in Southern Bohemia. They attended a 3-day Teen Challenge conference in Prague. They helped by garden arranging and parking lot adjustments at UMC Vrsovice. When the technical state of the vehicles allowed, they regularly visited the Sunday services and Wednesday Bible classes.



ART-THERAPY

The art-therapy belongs among the forms of psychotherapy, that are steady used as a complementary form of the therapy. It is a technique that uses creative activities as an instrument of the therapy, especially in medical facilities, in the area of social work and pedagogy.

In the addiction treatment it is a primary form of psychotherapy that leads to achieving of a wanted change in self-consciousness, attitudes and behavior of an addict leading to his better autonomy and integrity. TC Holy Hill results from the bio-psycho-socio-spiritual stance so, that it's program helps the clients become emotionally stable, psychically healthy, spiritually alive and social independent. The art-therapy in the complexity of the whole program fills those areas (emotional, rational, social skills). The art-therapy activities enable by an individual, amongst the already mentioned facts, the feeling of self-esteem, support the process of autocracy and last but not least can offer for those who accepted painting as their hobby a meaningful spending of their leisure time.

The group of abreact focused art-therapy led a student of the 5th grade of PF UWB, studying artistic pedagogy, holder of Primary prevention of social unwanted phenomena certificate and art-therapy certificate. The themes were aimed on relaxation, self-experience, co-operation, positive self-esteem, etc...

The group of projective focused art-therapy (which was a work with expressed symbols, its analysis and interpretation and communication with the internal pictures of the unconsciousness) was led by an psychotherapist - an expert with required education and experience - Dr. Vladimír Blazek, MA.



PHASES OF THE PROGRAM

The program in TC lasted 12 to 14 months. The clients joined the program according to their own decision and could leave the program at any time. The program was divided into 3 parts. The length of each the part, mentioned below is just for orientation, because it is set individually according to actual state and needs of every client. We understand the first 2 weeks as a proving period, the client could learn the rules and structure of the program and decide whether he wants to participate actively.

1st PHASE

The first 3 months of the program are characteristic by heavy restrictions of the clients. The aim is to separate the client as much as possible from his previous environment, disturb his system of rituals and meeting his needs, give him the possibility to deliver himself from the past. For the client were valid all the regulations and rules of the community. Most of the activities, including the leisure time spending was directed and took place in a group. In this phase were the clients physical disaccustomed and first changes in behavior and problem solving were expected to be evident. At the end of this phase had the clients the usual crisis, they considered the pros and cons of the program again. Most of the physical symptoms subsided, the feelings started to improve, they were able to go right in the protected environment of the community, but the program felt stereotyped for them. The personnel paid attention to it and tried to show the client the risks connected with the possible exiting the program in this phase, his being unready and being not enough embedded for the life out of the protected environment.



2nd PHASE

The 4th - 9th month of the program was among all characteristic by a successive gaining of privileges and possibilities to contact the environment outside the community. The client overcame the crisis of the previous phase, his motivation raised again, he could see his weaknesses and worked on it. Stepwise he gained the possibility to have his individual outgoings, later to spend 48 hours on so-called furloughs. All this activities are still supervised by the workers of TC, the clients register their arrival and departure times, had to keep the given time, after their return to the centre they absolved the breath test for the alcohol presence or a urine drug test if needed, they had to have receipts for the goods they were buying, the applied for they furloughs, consulted the possible risks with a worker, wrote a report about the furlough, went through the particular situations and events with the counselor. Relapse prevention was a significant part of this phase.

3rd PHASE

The final 3 months of the program were characteristic mainly by a strong emphasis on getting a job and housing and creating a net of safe relations outside the community. In this phase the client lived (since December 2005) in a separate part of TC building in a 4 bed apartment with separate bathroom and a little kitchen. He still attended all the mandatory community activities. The client obtained further privileges disengagement of the strict community supervision. He arranged the visit at the doctor according to his needs himself and attended to it, he could have a cell-phone, etc...

If the client had after finishing the stay in TC no place to return or didn't want to return to his original environment, he could use the offer to enter the Re-entry House in Plzen (offers a affiliated company Teen Challenge Plzen, a ordinary member of Follow-up care section A.N.O.) or move into another follow-up care center. This was the primary goal of this phase and the workers helped the client to leave fluently the protected environment of the center.

During the stay in TC the client learned to orient himself in his social-legal problems. He was led to be independent on the social system.



TC UTILIZATION

To be thought successful a client must have gone through all three phases of the program and within the 12 - 14 months finished the whole program. From the evaluations results that there is a apparent health improvement as the number of drug-free days increases, after overcoming the problems are the clients more prepared to take the responsibility and build relations, their communication within the environment gets better. They have a vision for the future. To that usually belongs a stay in the Re-entry house, where they will be looking for a job and their own housing. They would recommend the stay in the therapeutic community to the others. When the clients finish the program, they usually mention no essential unsolved problems. Clients who do not leave in first 2 weeks (the reason is either a uncontrollable desire for the drug or their entered the community through the press of their environment or they do not want to subject themselves to the structured program and rules of the community or they do not want to learn and work or have conflicts with other clients) feel the improvement of quality of their lives in many areas.

In the year 2005 altogether 25 men used the program of TC Holy Hill, 4 men thereof entered the program already in 2004. There is worth mentioning the relatively high average age of a client - 31 years. The therapy is allowed also to men who according to their higher age are not accepted in several different addiction care facilities.

Two our clients were allowed to serve their terms (public beneficial labor) in the length of 1200 - 1500 hours within the program in their free time.



THE PROGRAM'S ACTIVITIES IN 2005

- On May and on September came groups from USA and Canada. They actively helped in TC by debris and other mess removal from the adjacent grounds and reconstructed the social facility in the ground level of TC. All the costs considering their stay and work were paid by themselves.
- In June came a money spending inspection (for the programs of anti-drug policy) from RVKPP. The services met the requirements of RVKPP.
- On 7-25-2005 took place a investigation of certification team. Its final result was to grant the certificate with a requirement to remove administrative imperfection till March 2006.
- In summertime a playground was built with help of the clients on a free space at the TC building (debris, stones, pieces of concrete and weed were removed, the surface was matched, etc...)
- On November 1, there was on a consulting visit in therapeutic community the chief hygienist from the Regional Hygiene Service doc. Petr Pazdiora, MD, PhD. We cooperate with the RHS on a pilot project VHB, VHC, HIV capillary tests validity checking. Every client is before entering the community checked using these tests and afterwards checked using his vein blood. After 3 months is the vein blood test repeated. Within this cooperation are our clients vaccinated against VHA & VHB.
- In December one community worker moved from the TC object. By adjustment of this room we have gained another room for accommodation of the clients on the 1st floor. Thereby was the number of available beds raised from 10 to 12.
- 7.12. took place a gala-evening of Teen Challenge in Prague-Troja. Besides all Teen Challenge workers also invited guests took part in it.
- 15.12. was a traditional pre-Christmas meeting of all workers and volunteers of CCHH and Teen Challenge in the hotel Slovan. The director recapitulated accomplishments and deficiencies of 2005 and thanked to all workers for their creative stance to the ministry. Part of this meeting was a dinner.
- During the year there were 3 times in the newspaper "Rokycansky denik" reportages about TC Holy Hill and its activities. The cable television RT1 filmed a reportage about TC. In public transportation were twice (for 2 months) placed posters with the whole spectrum of offered services and other handouts were available in the contact center in Plzen. To the web pages were added actual information, the annual report was print and in pdf format placed also on the web.

THE SKP BUDGET

INCOME

Supporters

SKP Plzen

RVKPP	21 348
KU - participation to RVKPP	13 398
MMP - anti-drug prevention	1 340
MMP - crime prevention	3 796
MMP - OSVZ	8 932
MMP - participation	11 165
MMP	8 932
UMO 3	893
Foundation for social activities	2 233
UMC Norway	2 620
KU - OSVZ	2 233
Other contributions	4 148
Client allowances	11 993
UMC Plzen 3	1 246
Minor donors	1 745
Central Church of God USA	39 227
Wages paid by UMC CR	23 501

TOTAL 158 752

EXPENSES

CAPITALS EXPENSES 0

OPERATING EXPENSES 106 221

consisting of:

Material expenses	31 679
Energy	5 507
Repairs and maintenance	28 803
Travel expenses	3 157
Misc. services	28 857
Misc. operating expenses	8 218

PERSONAL EXPENSES 62 954

consisting of:

Gross income	19 136
OPE (working contract)	8 742
OPE (work agreement)	1 876
UMC CR salary contribution	23 635
Deductions	9 565

TOTAL 169 175

STATEMENT OF THE AUDITOR

is placed on our web-site:
www.teenchallengeplzen.cz



EDUCATION OF SKP PLZEN AND TC PLZEN WORKERS

The education of the workers was organized according to the actual needs of the organization. The employers absolved or still pass through:

- short-time courses and trainings: Crisis intervention - I.E.S., Assessment a Key Worker Podane Ruce Brno, Training course for the realizers of primary prevention programs of addictive substances abuse and other social-pathological phenomena organized by o.s. Prevcentrum Prague (accredited by MSMT), Art-therapy I.E.S. Podane ruce Brno, Training course for lectors of primary prevention of addictive substances abuse and addictions CPPT Plzen, Training program in dynamic psychotherapy,
- IPVZ course for TC workers,
- 8 workers participate in 5-years lasting group psychotherapy self-experience training (accredited by MSMT), organized by The UMC Deaconate (Tyl, Cepelak),
- 3 workers participate in deep psychology training by the Institute of applied deep psychology (Kocourek),
- 1 worker participates a 5-year training in dynamic psychotherapy, the training comes from the SUR system, it is accredited by the Czech psychotherapist society CLS J.E.P., By the Postgradual medical education institute and by the Association of clinical psychologists of CR (Horak)
- 3-year training in family therapy,
- the training of Leadership Training Institute Portugal,
- team supervision (2.5hrs/month), personal supervision according the current needs of a particular worker, as parts of the supervisions are also lectures and practises, etc.
- Participation of program coordinator in European projects seminars held by the KU of the County of Plzen.



All workers participate in the training in psychodynamic group psychotherapy guaranteed by Institute of Applied Psychoanalysis (authorised by Czech Psychotherapeutic Society of Czech Medical Society JEP). This education was made possible thanks to the financial donation from UMC Norway.



PROFESSIONAL GUARANTEE AND SUPERVISION SKP PLZEN AND TC PLZEN

Professional guarantee - Jiri Blahovec, MD graduate of Medical Faculty of Charles University; trainings: family therapy, SUR, SUR lector, supervision training, certificate for psychotherapeutic practice, experience in the addictions field; Municipal Office of National Health Plzen, Alcohol-drug-addiction office, Psychiatric institution Dobransy, recently the director of a private health facility.

Supervision - Dr. Iva Steklova, Charles University graduate in the field of psychology, training in diagnostic techniques (Rorschach), in therapeutic techniques and till today a trainee in Leuner's KB, previous jobs: psychiatric ward UNZ Klatovy, youth ward in Plzen Hospital, Dr. Mauritz School for Nurses - a teacher. Present position: family counseling center in Plzen. She has been a TC and SKP supervisor for 5 years.



SPONSORS AND SUPPORTERS OF SKP PLZEN AND TC PLZEN

Expenses were covered by gifts from the following supporters (in alphabetical order):

BEL SYRY CESKO a.s.; Central Church of God in USA; Deaconate of UMC, Dusek Karel stationery store; UMC Plzen 3 - Husova; UMC Praha - Strasnice; UMC Praha - Vrsovice; UMC Praha 2 - Nove Mesto Jecna ul.; St. Lazarus Hospice; Martin Ruzicka, JD, County Council Plzen; County Hygienic Station Plzen; Municipal Council Plzen; Michal Rans; Ivana Bouchnerova, MD; Miroslava Synkova, MD; Roman Cepelak, MA; Ministry of Health, Foundation for Social Activities of Plzen Citizens; Nadeje Plzen; Novak Richard; Prima Bakery - Plzen; Premysl Rzounek, Psychiatric Clinic Plzen - detoxication unit; Mental hospital Dobruška; Dr. Iva Steklova; Dr. Jiri Tyl; RVKPP CR; Asylum houses society; Sestak Rudolf - Bookstore; Teen Challenge CR; Teen Challenge International; Teen Challenge Plzen; UMC North Texas USA; Vladislav Andrs, Dental clinic of Teaching hospital Lochotín and other anonymous donors.

We would like to thank to all these sponsors and supporters.

SPECIAL THANKS FOR PATIENCE BELONGS TO:

Dr. Iva Steklova; Jiri Blahovec, MD; Ivana Bouchnerova, MD; David Dobias, Ivana Jirkova, MA; Dr. Jiri Tyl; Dr. Roman Cepelak; Anna Skocilova, Jaroslav Tomasek from the company EDISS, Pavel Pucholt, M.Sc. from the company FIC CZ and the companies Computersystem and EDISS.

EDISS

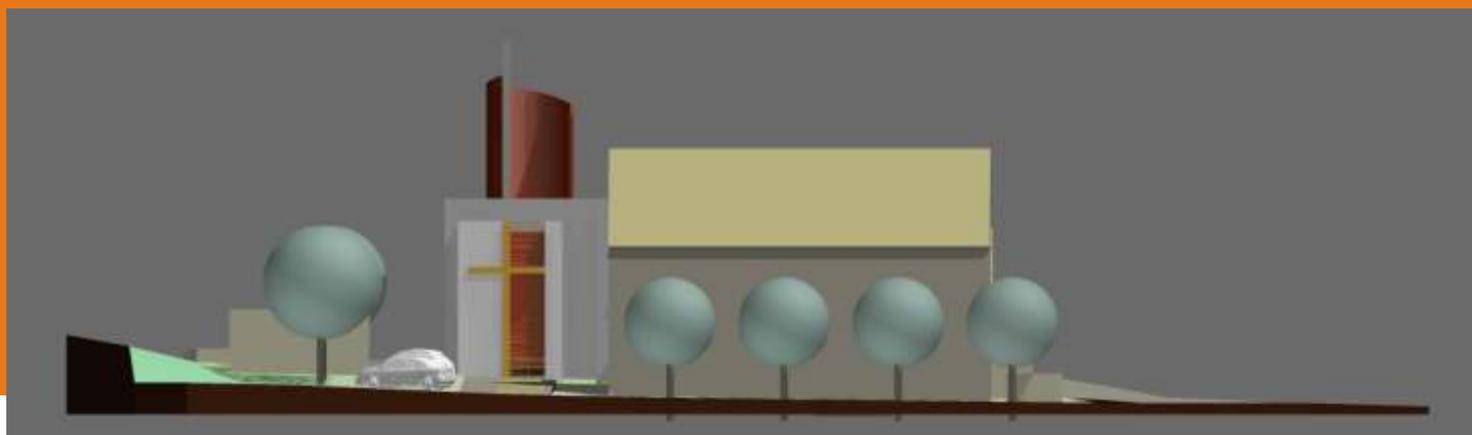
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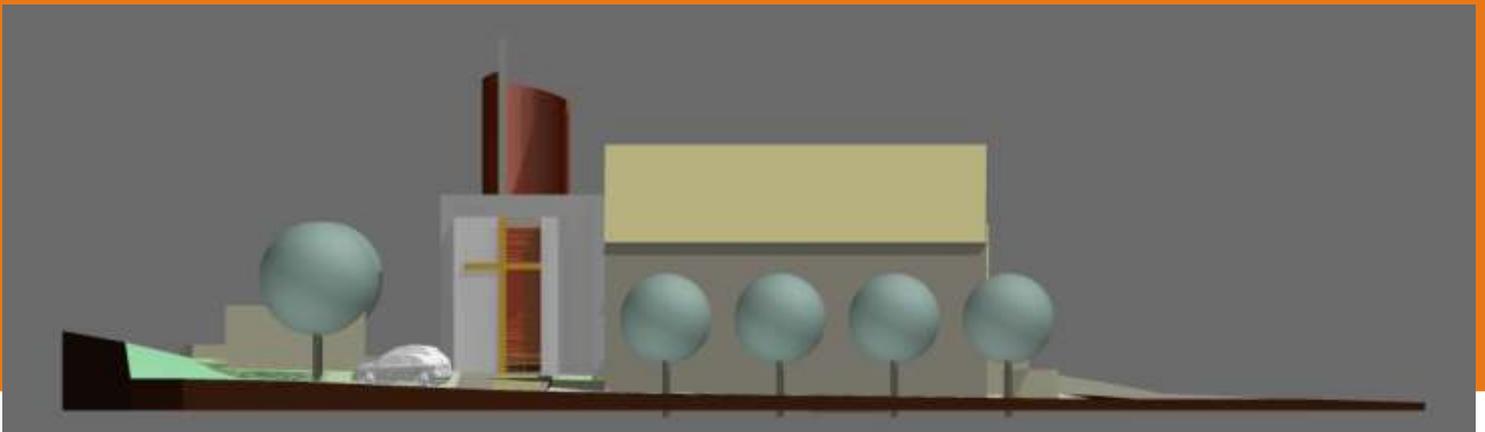
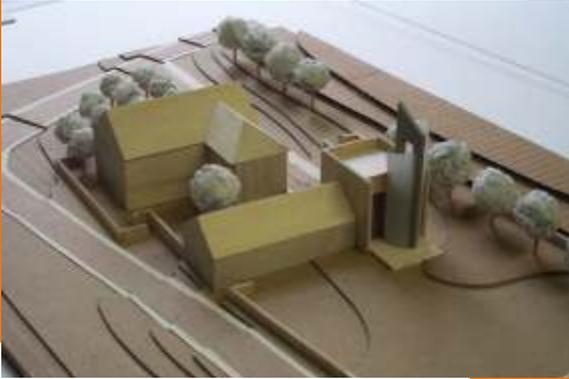
ComputerSystem

VISIONS FOR THE NEXT YEARS

- In 2006 we would like to start the computer literacy courses in TC Holy Hill and also in the Re-entry house. The clients will be able to improve their qualification already within the therapy. They will be in advance of the other socially equal person on the labour market. By gaining the experience with the computer technology the stress from contact with new technologies will get lower, the sureness in computer use both in common life and at work will increase, the qualification of clients will improve. The clients will get the chance to be more "easily" employed (some of them are about 40 years old while they have never been employed), they will be able to pay debts coming from their addiction past.

- In nearest years we would like to build on the place of today's barn a chapel with belfry, that will be viewable from the nearby freeway (Prague-Pilsen).





TEEN CHALLENGE PLZEN SKP PLZEN

THE ANNUAL REPORTS 2005

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**Therapeutic Community
Holy Hill**

**TEEN CHALLENGE PLZEN
Follow-up care center
Re-entry house**

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**Follow-up care center
Re-entry house**